

Opportunity for Life

an unplanned pregnancy can happen to any woman

Whether or not to end it is a difficult decision - one a woman has to live with for the rest of her life. When deciding whether or not to terminate a pregnancy, it's important to know about the soul, reincarnation and karma.

Your soul is your life essence. It has a definite plan.¹ But your soul didn't start in your mother's womb. It started a long, long time ago in the heart of God.²

Your soul's life began many thousands of years ago, when God gave you a spark from his own heart.³ And you were not created alone. You were created with your twin flame, a very special soul with whom you share a unique mission.⁴

No one else can accomplish what the two of you were destined to do together. But somewhere along life's path, you became separated from your twin flame. Over many lifetimes since then, your soul has been trying to find your twin flame and get back home to God.

Along the way, your soul has met kindred spirits called soul mates.⁵ You may find more than one soul mate during your life-a special friend, a lover, someone who shares your passions. But you have only one twin flame.

Each year, more than 73 million⁶ souls destined to be born have been denied the opportunity for life.

They are separated from their twin flame. Their mission is incomplete. Their divine plan is on hold. The divine plan of their twin flame is compromised, too.⁷

your soul, reincarnation and karma

Your soul has the opportunity to become immortal. But this does not happen overnight or even in one lifetime. After a physical death, your soul returns to life in another body. Reincarnation gives your soul the opportunity to evolve by learning the lessons of love through many different life experiences.⁸

Reincarnation is not a new concept. It has been part of Hindu and Buddhist tradition for thousands of years. In fact, reincarnation was one of the beliefs of the early Christian church.

Karma is another time-honored concept. Also known as the law of cause and effect, the law of karma is a basic principle of the universe. In order to graduate from the schoolroom of life on earth and return to God, you have to fulfill your special mission and balance your personal karma.⁹

The law of karma states that all our actions, in this or previous lives, have inevitable consequences. Like a personal boomerang, whatever we send out returns to us-for better or for worse. Positive karma may return in the form of happiness and good fortune, negative karma in the form of tragedies and hard-ship.¹⁰

The only way your soul can get back home is to balance your karmic accounts. You need to pay your debts to everyone you have wronged in all lifetimes. And to do that, you need to be alive at the right time and in the right place so you can meet the people you have karma with. You can only pay your debts to life if you have a physical body.

*every soul
is unique and
irreplaceable*

When a pregnancy is terminated, the soul is denied the opportunity to get back to earth at the right time and in the right place. This is devastating, not only to the soul, but to families, communities-even to the planet.¹¹

The families and soul group that the soul belongs to are now incomplete. There are missing links in the chain of life. The missions of generations to come have been aborted and their souls have also been denied the right to evolve.¹²

Millions of souls across the planet are now missing. If they were here, they might have found the cure for AIDS or cancer, helped the homeless, or discovered how to safely dispose of radioactive waste. The law of karma is impersonal. If we deny a soul the opportunity for life, we may one day find ourselves in the same position: waiting on the other side, ready to return for another round, only to be denied birth in a physical body-perhaps for hundreds of years or even longer.¹³



*there is a
responsible alternative*

When you get pregnant—either on purpose or by accident—you generally attract a soul you have a karmic obligation to. For whatever cosmic reasons, specific souls are assigned to you. You are karmically responsible for giving those souls a physical body. (The only exception is when your life is endangered by the pregnancy.)¹⁴

But you may not be karmically responsible for raising that child. Adoption is a responsible alternative.

Often, when a pregnancy is unplanned, a woman may not be able to care for the child. Perhaps you're single, or you have a bad relationship with the father, or you're still in school and you don't want a child now, or your baby has physical or mental abnormalities that you can't deal with.

In fact, you may be responsible only for giving the soul a physical body and finding adoptive parents. The people who need to raise the child have a different karma with the soul. Their karma probably requires them to nurture the child and bring him or her to adulthood. That is why adoption is such a critical option to consider if you are faced with an unplanned pregnancy.¹⁵

Once you understand reincarnation and karma, you don't need to feel guilty about placing your baby for adoption. In fact, you can feel proud that you had a responsibility to fulfill and you did it well.



*what if i've
had an
abortion?*

If you have already chosen to terminate a pregnancy, be sure to take care of yourself, nurture your own soul and give yourself the opportunity to heal. Abortion experiences can be a weight on your soul that is difficult to define.

As you become aware of spiritual truths, you may tend to condemn yourself for your past choices. You may find it difficult to forgive yourself and others who were involved.

You wouldn't condemn a friend, who had made the same choices, would you? So don't condemn yourself either. Healing occurs when you make peace with God, with your Higher Self and with your own soul. You may also want to work with children as a part of your healing, to help them and love them.

Being kind and compassionate toward your own soul may include getting professional help. While each abortion experience is unique, the pain and suffering that often follows is nothing new to those who serve in the healing professions.

www.teenage-pregnancy.org
www.soulchoice.org



*what if
i'm pregnant?*

There are life-affirming organizations and agencies all over the world with people who are available to help you. Visit www.soulchoice.org/links for information.

Many women have faced the same situation and have carried their babies to term, then decided upon adoption. Adoption agencies will often let you set the terms of adoption and even pick your baby's adoptive parents if you want to.

You can choose what you want for you and your baby.

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WWW.SOULCHOICE.ORG

WWW.TEENAGE-PREGNANCY.ORG

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