

*Before You Abort Your Baby,
Consider an Opportunity
for Life*

SOUL CHOICE INTERNATIONAL

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soul
mate

life

twin flames

love

opportunity

Life is opportunity

Life begins at conception.
Your soul is your life essence.
Your soul can become immortal.
After death, your soul can
return to life in another body.

Reincarnation gives your
soul the opportunity to evolve
by learning the lessons of love
through many different life
experiences and by
balancing your karma-
paying your debts to
anyone you've wronged.

Abortion denies a soul the opportunity
to be in the right place, at the right time,
with the right people.

Abortion denies a soul its right to
evolve and fulfill its divine plan.

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www.soulchoice.org www.teenage-pregnancy.org



Unplanned Pregnancy?

When you become pregnant by accident and are afraid that having a baby will force you into staying in a bad relationship, destroy your dreams or ruin your life, it can be pretty overwhelming and difficult to think about what you want to do.

That's when you need to take time out to clear your head, go into your heart and consider why you were born and what you want to do with your life. And think about why your baby needs the same opportunity for life that you have.

We all need to be born at the right time and in the right place, even though it might not seem to be the right time to a lot of people. That's why it's important to know about the soul before you decide how to deal with an unexpected pregnancy.

Whether or not to have an abortion is a difficult decision - one you have to live with for the rest of your life. Before you decide, it is important to know about the soul, reincarnation and karma.



Your Soul and Reincarnation.

Your soul is your life essence. It has a definite plan. But your soul didn't start in your mother's womb. It started a long, long time ago in the heart of God.

Your soul's life began many thousands of years ago, when God gave you a spark from his own heart.

Your soul has the opportunity to become immortal. But this does not happen overnight or even in one lifetime.

After a physical death, your soul returns to life in another body. Reincarnation gives your soul the opportunity to evolve by learning the lessons of love through many different life experiences.



Every Soul is Unique and Irreplaceable

When a pregnancy is terminated, the soul is denied the opportunity to get back to earth at the right time and in the right place. This is devastating, not only to the soul, but to families, communities-even to the planet.

The families and soul group that the soul belongs to are now incomplete. There are missing links in the chain of life. The missions of generations to come have been aborted and their souls have also been denied the right to evolve.

Millions of souls across the planet are now missing. If they were here, they might have found the cure for AIDS or cancer, helped the homeless, or discovered how to safely dispose of radioactive waste.



The Law of Karma

The law of karma is impersonal. If we deny a soul the *opportunity for life*, we may one day find ourselves in the same position: waiting on the other side, ready to return for another round, only to be denied birth in a physical body—perhaps for hundreds of years or even longer.

When you get pregnant - either on purpose or by accident - you generally attract a soul you have a karmic obligation to.

For whatever cosmic reasons, specific souls are assigned to you. You are karmically responsible for giving those souls a physical body. (The only exception is when your life is endangered by the pregnancy.) But you may not be karmically responsible for raising a child. Adoption is a responsible alternative.



There Are Alternatives to Abortion

If you or a friend or loved one is pregnant and trying to decide what to do, it's important to know there are organizations and people who are available 24/7 and willing to help you. They will help you to decide whether or not to have and raise your baby yourself, with or without the help of family and friends, or to have your baby and choose adoption by caring parents.

Some groups offer free pregnancy tests and counseling and can connect you with other groups to meet other needs. Other groups can direct you to shelters and homes for pregnant women throughout the United States or offer financial assistance to pregnant college students so they can finish their education.

I was nineteen years old and in my second year of college when I got pregnant by a guy I didn't love and who didn't love me. His answer to "my" problem was "it wasn't his baby." At first, my father told me to get an abortion. My mother's suggestion was adoption. I followed my heart and made my own choice. I decided to keep my baby and raise her myself. Fortunately, my family was supportive of my decision and I moved back in with my mother.

I lost my track and field scholarship and had to drop out of college for a while. But, eventually, I was able to transfer to another college, finish my degree and then get a Master's Degree in Educational Technology.

It wasn't easy getting where I am today--a happily married woman with two children, but when I'm watching Emily, now 8 years old, on the soccer field or listening to her read her favorite books, I can't even begin to count the reasons why God brought her into my life. She has such a beautiful soul and I thank God every day for allowing me to give her life.

~N. Marion, Ohio



Adoption Is a Responsible Alternative

Often, when a pregnancy is unplanned, a woman may not be able to care for the child. Perhaps you're single, or you have a bad relationship with the father, or you're still in school and you don't want a child now, or your baby has physical or mental abnormalities that you can't deal with.

In fact, you may be responsible only for giving the soul a physical body and finding adoptive parents. The people who need to raise the child have a different karma with the soul. Their karma probably requires them to nurture the child and bring him or her to adulthood. That is why adoption is such a critical option to consider if you are faced with an unplanned pregnancy.

Once you understand reincarnation and karma, you don't need to feel guilty about placing your baby for adoption. In fact, you can feel proud that you had a responsibility to fulfill and you did it well.

When I was 14 I found out that I was 14 weeks pregnant with my child. It was very unexpected and I was shocked. I didn't know how to tell my boyfriend at the time, but when I did it was a mistake. He wanted nothing to do with his child so I was completely alone. I spoke to one person who I absolutely trust and that's my health teacher. He brought up the topic about adoption and I never would've planned on going through with it. Some people see it as getting the "easy" way out of your pregnancy, but after I thought long and hard about it, I knew it was the best decision for the child. Making this decision was one of the hardest things I've ever had to do in my entire life, but knowing I gave the baby a better life is all that matters to me. Yes, I still see her about every 2 months. Don't be scared of adoption. Think it through and just know if you think it's the best, go through with it.

~Kennedy

Adoption, Not Abortion.

[WATCH VIDEO](#)





If a woman has an abortion, why can't the baby just be born to someone else who wants it?

Reincarnation, which is the rebirth of the soul in a new human body, is the opportunity given to all of us to "get our act together," so to speak.

If a soul is aborted, it could be a very long time before it is able to reincarnate (be born again) and connect with the specific people it needs to in order to fulfill its personal mission.

We all need to be born at the right time and in the right place, even though it may not seem to be the "right time" to a lot of people. This also applies to adoptive parents and the babies they welcome into their families.

I am only 4 weeks pregnant and I am thinking about having an abortion. A friend told me that the baby already has a soul. What is a soul and when does it go into the baby?

Some psychologists have called the soul the "inner child." The soul is like a little child that is in us. It is wise and very sensitive. Our soul needs comfort and consolation. Our soul needs to know that we will protect her from harm. (The soul is often referred to in the feminine form, such as "her" or "she.") When you get pregnant, you and others might think it was a "mistake," but the soul who has been given the opportunity to be born doesn't.

From the moment of conception, the child's soul is an active participant in forming the body she is to inhabit to fulfill her mission in life.

Throughout the entire nine months of gestation, the soul may go back and forth from her body in the womb to the higher planes of existence in the heaven-world. Each time the soul enters her body she anchors more of her soul substance in that body. As gestation progresses, the spirit, or the essence, of the soul becomes a part of the blood and the cells - a part of the brain, the heart and all of the organs.

At the moment of birth (which is very important to the soul's mission), the soul comes down the spiritual birth canal...right down to the place where the baby's physical body is prepared.

(Nurturing Your Baby's Soul, by Elizabeth Clare Prophet; Compiled and Edited by Nancy Hearn and Dr. Joyce Bennett, Summit University Press, 1998, pg. 100-101.)

I do not even like the father of my baby and I do not want to have anything to do with him. I want to finish high school and go to college. Is it bad karma to give the baby up for adoption?

No, it is not bad karma to give the baby up for adoption. Karma is a term that comes from the ancient Sanskrit language, that basically means for every action there is a reaction and there are always consequences for the actions you choose.

If you are pregnant and do not want to keep the baby, adoption is a responsible option and you don't need to feel guilty about it. If you choose adoption for your baby, it is important to remember that you are giving your baby the opportunity for life and for fulfillment of her or his personal mission. That is truly a gift of love.



I have already had two abortions. I didn't know about karma and reincarnation before. What can I do now?

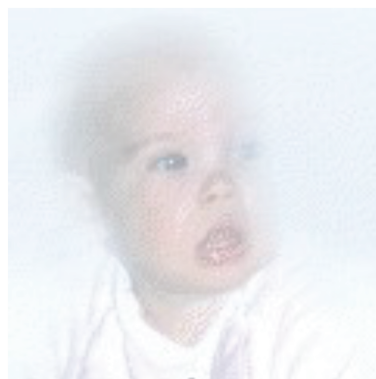
First, do not be hard on yourself or on anyone else who might have been involved in the abortions. Often, when we become more aware of the spiritual side of life, we regret some of our past choices and wish we had made different decisions.



Second, you might consider getting the help of a professional counselor to understand how to forgive yourself and to help you heal so that you can get on with your life and fulfill your own special mission.

How can I tell the soul that I aborted that I am sorry?

Prayer is a common form of communication with God, the angels and with one's higher self or higher power. You might consider praying for the baby's soul so that it has the opportunity to be born again. Or, you can write a letter to the soul of the baby that was aborted and ask for forgiveness. Then pray to the angels to take the message from your heart to the baby's soul and bury the letter and plant a flower on top.

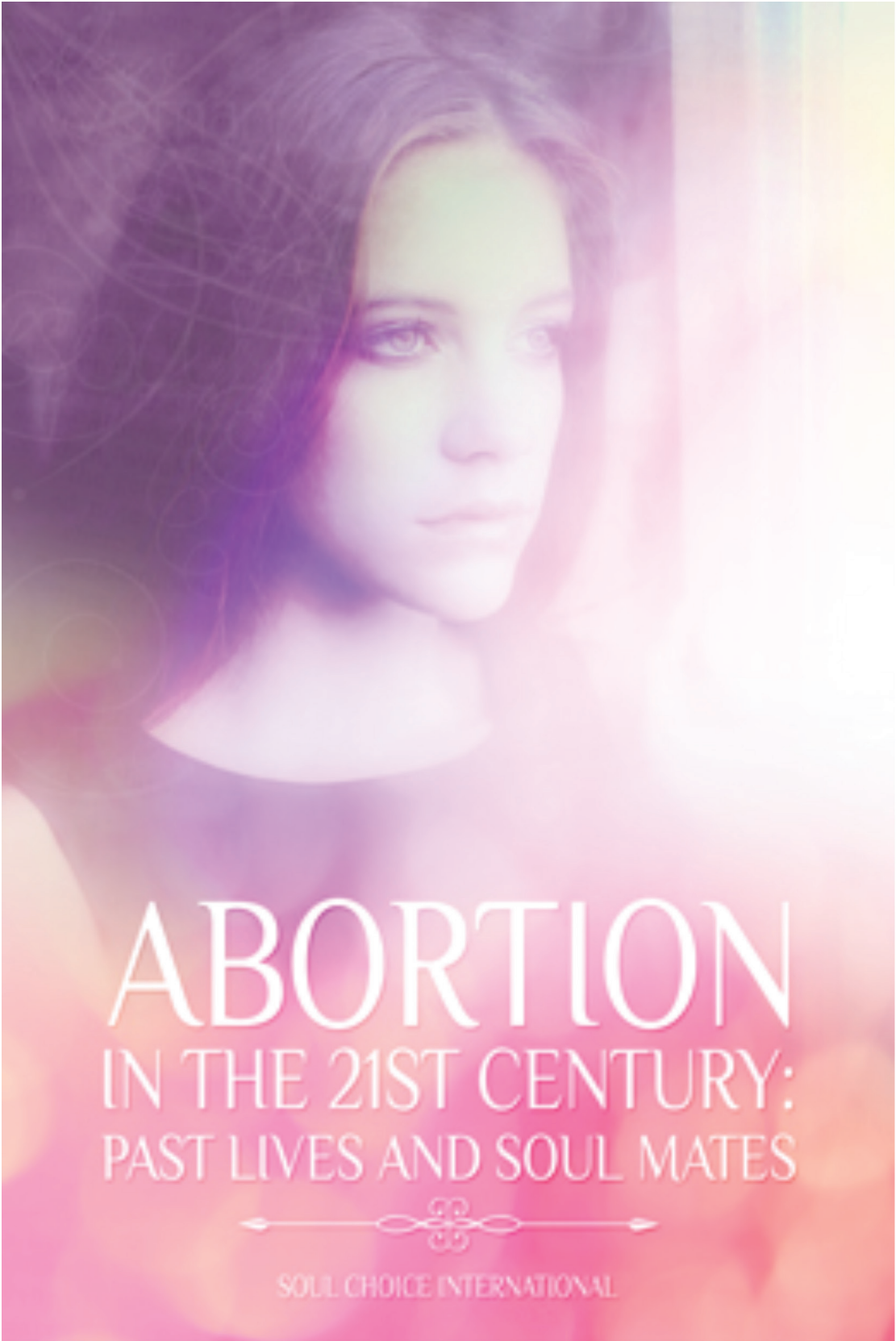




I hope you know
what to do.

Every soul is unique and irreplaceable

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The image shows a collage representing the TeenagePregnancy.org website. On the left, the text 'TEENAGE-PREGNANCY.ORG' is displayed above a photo of three young women. Below the photo is a list of categories: 'PREGNANCY & RELATIONSHIPS', 'YOU'RE NOT ALONE', 'REAL STORIES/REAL LIVES', and 'POSTED STORIES'. The central part of the collage features several pieces of handwritten text on lined paper, such as 'When I found out I was pregnant it was perfect, but one problem he was not perfect for me, I could already hear my dad of my head protesting on how this boy was date his daughter.' and 'When I was 15yrs old I met the best... perfect, but one problem he was not perfect for me, I could already hear my dad of my head protesting on how this boy was date his daughter.' A pink highlighter is shown writing on one of the notes. To the right, there are social media icons for Facebook, Twitter, YouTube, Pinterest, and Email, with the word 'FOLLOW' above them. Below the social media icons is a section titled 'REAL STORIES REAL LIVES' with the subtitle 'REAL LIFE STORIES FROM YOUNG PEOPLE WHO HAVE BEEN FACED WITH AN UNPLANNED PREGNANCY.' and a button that says 'READ THEIR STORIES' with a right-pointing arrow. A photo of a young woman and man sitting together is also visible in this section.

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